

ONLINE EXCLUSIVE:

For coverage of Julian Bond's speech Monday night in honor of Martin Luther King Jr., check out *thebreeze.org*.

the Breeze

James Madison University's Student Newspaper

Opinion 5
A&E 7
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SHOW ME THE MONEY

Students get hands-on investment experience from student-run organization

BY KALEIGH MAHER
news editor

The Madison Investment Fund works out of a 10 x 12 foot office in Zane Showker Hall. Unlike most business schools in the country they don't have a Bloomberg terminal, a computer system that can monitor and analyze financial data in real-time.

Last year the Madison Investment Fund outperformed the S&P 500. The S&P is an index of 500 of the largest companies today and is often used as a baseline for comparison.

"That kind of speaks to the work that we do without it," junior Matt Restle, associate manager of the non-cyclical sector said.

In 2007 the S&P saw a total return of 5.49 percent of their investment, the MIF returned 5.7 percent.

The Madison Investment Fund is a student organization offering members the opportunity to take financial theory and apply it to real investment situations. In 1999 MIF was given \$100,000 of the University Foundation's endowment to invest.

"We do this because we love it," junior Eric Lane, associate manager of the finance sector, said.

Last week they had \$136,215.28.

MIF is divided into six sectors, cyclical, non-cyclical, technology, finance, energy and portfolio management. Each sector is run by a manager and contains analysts. The approximately 35 members meet within their sectors to research potential investments they then propose to the fund. Representatives from the sector present the potential investment and members vote on whether or not to invest.

"We consider ourselves to have a fiduciary

duty to preserve the endowment," Lane said. "So we take it really seriously in picking stocks that are conservative."

This week Lane presented ICICI, an Indian bank, to the fund.

MIF tends to emphasize value funds, which are every day things such as cigarettes or toothpaste, versus riskier growth funds.

"We're not trying to hit a home run," Restle said.

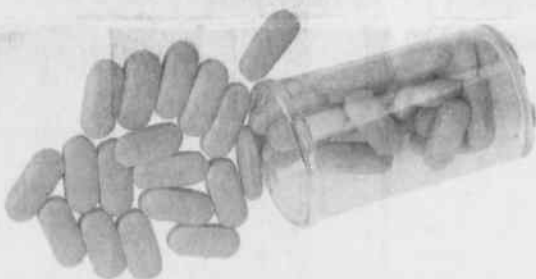
While the focus is on value, MIF doesn't ignore growth funds.

"Essentially, we look to buy good companies on sale," senior Justin Luse, president and manager of the energy sector said.

Around the middle of November, MIF reached an all time high of \$151,000.

see MONEY, page 3

Weighing in on fad diets



BY MEG EBERSOLE
contributing writer

Want uncontrollable bowel movements, an increased heart rate, kidney problems and constant food cravings? With a few payments you can get a bottle of over-sized pills, have pre-made meals sent to your home, or receive detailed instructions on how to maintain these symptoms.

Decrease your body fat by an average of 7.9 percent! Eat all you want and still lose weight! These statements made by Hydroxycut Hardcore and the European weight-loss supplement AKAVAR, are what consumers believe. There are thousands of diet supplements, products and treatments advocating quick and easy weight loss.

"If anything worked well, we'd all be thin, gorgeous and look the same," said Holly Bailey, UREC's coordinator of fitness and nutrition. "If it sounds too good to be true, it probably is."

Our society is full of skinny models and celebrities who are plastered on billboards, magazines, computer and television screens. With the current male-to-female ratio at James Madison being 39:61, many young women on campus are scurrying to find the perfect weight loss solution. Males, on the other hand, are searching for the right protein supplement to gain muscle.

Not everyone can afford to get lipo a few times a year, multiple boob jobs and botox injections like celebrities. So a highly commercialized diet program will have to do. In a survey of 23 students at

PC Dukes, 13 students of an average to thinner build, admitted to having been on a diet. Out of nine males, three have tried fad diets. Out of 14 females, 10 have tried fad diets. While the males were chopping down on burgers and burritos, the females were mostly eating salads and sandwiches. Some diets attempted included the Nutrisystem, South Beach, Atkins, High-Protein and Weight Watchers diets. Other participants confessed to cutting their calories in half.

The American Dietetic Association's definition of food fads states that they are "unreasonable or exaggerated beliefs that eating (or not eating) specific foods, nutrient supplements, or combinations

see FAD, page 4

Food for thought

Take Your Professor to Lunch program bridging faculty-student gap

BY ASHTON SMITH
staff writer

The Take Your Professor to Lunch program is kicking off one of its biggest years yet, with over 60 lunches and coffee dates planned for this semester.

The program was started by faculty and the Student Government Association to give professors the opportunity to connect with their students on a more personal basis.

Professors apply to the program and are asked to give two dates when they are available for lunch. Once the professor is selected his or her class enters a raffle, and eight students are chosen to have lunch or coffee with their professor at Madison Grill or any Java City.

"In 2001, I took an educational leave and traveled around the country looking into teaching and learning centers and got a wide range of ideas," said Karen Santos, executive director of the Center of Faculty Innovation. "We piloted the program in the spring of 2005 with large general education classes to try and break down barriers so that both groups could get to know each other."

When the program began, only professors with classes of 90 or more students were invited to attend the luncheons, but that number was cut down to 25, allowing more people to get involved.

Any class can participate on a first-come, first-serve basis.

"The announcement was made on Jan. 14 and in 24-hours we received 55 applications," Santos said.

The lunches begin in late February, but in the meantime SGA officers have been visiting selected classes to make a presentation to explain the program.

"The committee for this coming semester will be comprised of nearly 50 individuals," said junior Dan Stana, one of the SGA committee chairs for the program. "It has grown dramatically over the years, from having maybe 10-12 people making presentations to

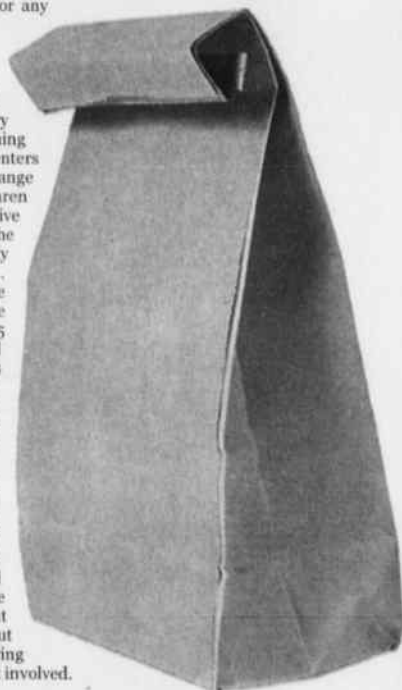
see LUNCH, page 3

ARTISTIC ENDEAVORS



EVAN DYSON/
senior photographer

Senior art major Christina Dean signs the bottom of a plate Saturday afternoon after crafting it on a potter's wheel in Duke Hall. Dean is working on a collection of plate settings as an independent study through the School of Art and Art History.



MADISON GETS SNOWY



CAROLINE DAVIS/staff photographer

Wilson Hall received a heavy dusting of snow on Thursday as temperatures reached low numbers and classes were canceled early in the day. A makeup day is scheduled for Jan. 26. The inclement weather continued to affect school as classes were delayed one hour on Friday, despite the otherwise sunny weather.

the Breeze

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The Breeze, the student-run newspaper of James Madison University, serves student and faculty readership by reporting news involving the campus and local community. The Breeze strives to be impartial and fair in its reporting and firmly believes in its First Amendment rights.

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The Breeze is published Monday and Thursday mornings and distributed throughout James Madison University and the local Harrisonburg community. Comments and complaints should be addressed to Mary Frances Czarsty, editor.

CLASSIFIEDS

How to place a classified:

- Go to www.thebreeze.org and click on the classified link or come into the office weekdays between 8 a.m. and 5 p.m.
- **Cost:** \$5.00 for the first 10 words, \$3 for each additional 10 words; boxed classified, \$10 per column inch.
- **Deadlines:** noon Friday for Monday issue, noon Tuesday for Thursday issue.
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POLICE LOG

BY KELLY CONNIF/copy editor

Larceny

A JMU student reported the theft of keys and a wallet containing a JAC Card, credit cards and identification cards at the College Center on Jan. 15 between 4:30 and 5 p.m.

A JMU student reported the theft of an XM satellite radio and 40 CDs from a vehicle, valuing \$250.00 in the C-7 Lot on Jan. 16 between 5:30 and 9:00 p.m.

Property Damage

A JMU employee reported \$5000 damage to a chain link fence at the Virginia Avenue warehouse between Jan. 15 and 16.

A JMU employee reported \$100.00 worth of damage to a sign at the Frederikson service drive at an unknown date and time.

Possession of marijuana

A JMU student was charged with possession of marijuana on Jan. 9 at 10:32 p.m.

A JMU student was charged with possession of marijuana on Jan. 15 at 12:07 a.m.

Underage possession

A JMU student was charged with underage possession of alcohol at Eagle Hall on Jan. 10 at 11:51 p.m.

A JMU student was charged with underage possession of alcohol at the Plecker Athletic Center on Jan. 11 at 3:20 a.m.

A JMU student was charged with underage possession of alcohol at Garber Hall on Jan. 11 at 3:22 a.m.

A non student was charged with underage possession of alcohol in the P Lot on Jan. 12 at 12:13 p.m.

Drunk in public

A non student was charged with drunk in public at Anthony-Seeger Hall on Jan. 12 at 1:42 a.m.

A JMU student was charged with drunk in public and underage consumption of alcohol at Festival on Jan. 13 at 2:51 a.m.

A JMU student was charged with drunk in public, underage possession of alcohol and underage consumption at Chesapeake Hall on Jan. 13 at 2:51 a.m.

Number of drunk in public since Aug. 27: 60
Number of drunk in public at this time last year: 50

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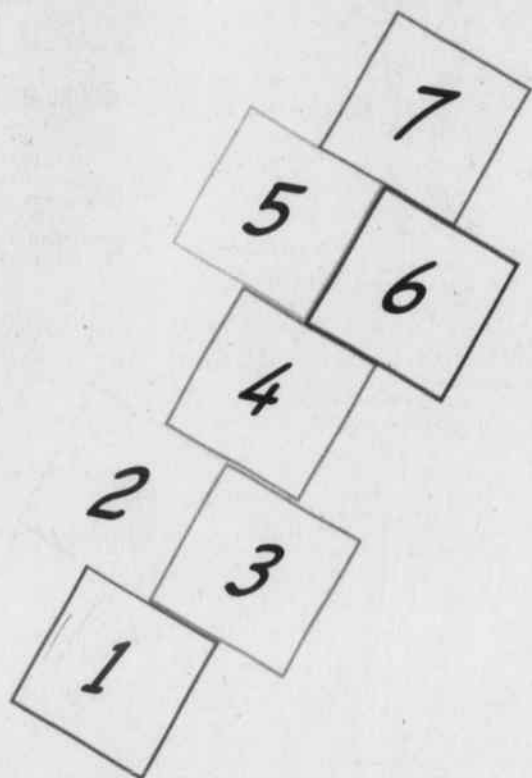
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I don't want to grow up, I'm a YCP kid



BY NICKI UNDERWOOD
contributing writer

During the week, 3 to 4-year-olds cram into Anthony-Seeger Hall to participate in the Young Children's Program to learn, make friends, play outside and have fun in an active and safe environment.

The YCP was founded as part of the original campus. The campus school closed down in the 1950s, but the nursery continued and became associated with the YCP when it was founded in 1983.

"We are meeting the needs of the whole child in a safe environment," said Sue Hutchinson, a former teacher for the YCP.

While the program is designed to help kids, it is also helping supplement the early education and elementary education programs at JMU. Students within these programs are required to work one day a week while in their first semester of the program as part of their licensure requirements.

"It's an eye opening experience for them as this is usually their first classroom experience," Hutchinson said.

The students work as assistant teachers, helping to increase the adult to student ratio so that the children can get more one on one attention. The program also allows students to gain valuable classroom time and gain real life experience in the job they hope to pursue.

"They bring a lot of enthusiasm," Hutchinson said.

There are two classroom teachers in the program, one for each age level. The

teachers loop with their kids — teaching 3-year-olds one year and 4-year-olds the next in order to follow the kids through their education. Nancy Guerrier, who obtained her masters degree from JMU, has been in the program as a teacher for the past 20 years along with Kelly Rooney, a 2003 grad of JMU's early childhood education program. Both teachers support active learning.

"Children are actively involved, but young children are active learners," Hutchinson said. "We teach children the way they learn best — in active involvement."

"It's an eye opening experience for them as this is usually their first classroom experience."

— SUE HUTCHINSON
former YCP teacher

WINTER WONDERLAND



JESSICA DODDS/staff photographer
At the time of publication, the weather forecast for the week includes highs around 40, lows in the teens and a possibility of snow showers today.

MIF: Club turns theory into practice

MIF, from front

While MIF devotes about half of its meeting to investments, the other half is focused on education.

"We do a lot more with career advice now," Reustle said. "We're trying to help some of the younger kids figure out what they want to do."

MIF meetings usually present potential career descriptions as well as new investments members are considering.

Members meet in their sectors multiple times a week on top of their full-group meeting. Luse said MIF requires a significant time commitment and estimates analysts commit at least 10 hours a week to MIF.

"I've been known to neglect a class or three," Lane said.

MIF members start each day with a morning brief in their inbox summarizing what's been happening in the market. The stock market doesn't close for summer vacation, and neither does MIF. The fund continues investing through conference calls and e-mails.

"Money never sleeps," Luse said.

The time is worth it, according to Reustle, he had valuable accounting and finance experience before he ever enrolled in a class.

Sophomore Alyna Galli, portfolio management analyst, said MIF helps her see how finance works.

"It makes it make more sense when you're in a finance class," she said.

MIF is open to all majors, and though it's predominantly

filled with business majors, Luse said there's a psychology major in the fund right now. Two of the newest members, sophomores Conor Gordon and Galli, both said the application process was stressful and intimidating.

"We keep it a rigorous process because of the intensity of the work that we do," Lane said. "The process to get in is not a cake walk by design."

Reustle said the interview process is similar to ones students will find in the real world.

This spring MIF will compete in the annual RISE Competition in Dayton, Ohio. More than 250 business schools come together for a convention and present their portfolios. MIF won under equity value category in 2004.

Fun Facts about James Madison

Madison was the smallest President measuring up at 5'4" and weighing 100lbs.

Madison was the first President to wear trousers, replacing knee breeches.

On his death bed Madison was offered drugs to sustain his life til Independence Day. He refused and died on June 28, 1836.

Madison was younger than both of his vice presidents, both of whom died during his stay in office.

Madison was diagnosed as epileptic.

Madison was the first U.S. congressman to become president.

Madison was a junior, named after his father.

Madison was a half first cousin twice removed of George Washington.

Madison wore an jacket made of wool from sheep raised on his home in Virginia to his inauguration.

TYPTL: SGA program prospers

TYPTL, from front

the nearly 50 for this upcoming semester."

After the presentation students can apply for a spot at the luncheon. The university provost pays for everything so that students and professors can concentrate on getting to know each other.

"It is so well worth it, because we are here to support teaching and learning on campus," Santos said. "There are no guidelines about anything, so the conversation can vary from the class to personal interests."

Santos said these lunches are also important in that they motivate students to become more interested in class.

"After these lunches students are more comfortable with their professor, more apt to go to office hours, motivated to go to class, and just more interested in the subject because of the professor," Santos said. "The only drawback is that everyone can't go."

Debra Warne, a professor in the math department, participated in the program.

"At JMU we do a better job than most schools, certainly those our size, of really interacting with students," she said. "But there's a limit to what you can accomplish in that respect in the classroom."

Carol Hurney, a professor in the biology department, agreed, saying that she made unlikely connections with the students she went to lunch with.

"I like to hear about my students' lives," she said. "One student lived not far from where I grew up in New Hampshire, so we automatically made a connection with each other."

Both teachers say this program has helped them get to know students they wouldn't have spoken with otherwise.

Warne also credits the program with helping her reconnect with her classes.

"We each identify more with each other — our strengths, our struggles, our motivations," she said. "The net result is everyone striving, a little more in harmony, toward a common goal."

"The only drawback is that everyone can't go."

— KAREN SANTOS
Executive director of the center of faculty innovation

Philosopher to speak on Christianity and science

WHEN: Tonight, 7 p.m.
WHERE: HHS 2301

WHAT: Michael Ruse, Lucyle T. Werkmeister professor of philosophy at Florida State University, will present a lecture entitled "Can a Scientist be a Christian."

This event is free and open to the public.

Transgendered librarian to speak to campus

WHEN: Tonight, 9:30 p.m.
WHERE: Taylor Hall, Room 405

WHAT: Transgendered librarian Debra Davis will present a lecture entitled "Reading Rainbows: An Evening with Debra Davis."

This event, sponsored by Madison Equality, is free and open to the public.

Honor fraternity holding info sessions

WHEN and WHERE: Jan. 22 in Showker G6 and Jan. 23 in the Highlands Room.

WHAT: Phi Sigma Pi, national honor fraternity is holding informational sessions for those interested in rushing the co-ed organization.

Researchers searching for vaccine

A research team for the university is working to develop a vaccine that could help prevent colitis, a common, potentially fatal, digestive disease.

Usually people get the disease after eating unsanitary food or water.

Alumnus invents wearable computer case

Daniel Hilgenberg, an industrial design major, has invented a wearable computer case.

The case, which can hold a laptop, can be worn on the back or chest, and allows for users to work on their computer while standing. Hilgenberg started in project while taking an industrial design class at the university.

College funds art show from sex workers'

The Student Assembly Finance Committee voted last night to provide funding for the "Sex Workers' Art Show," which would feature performances by workers from the sex industry, according to The Flat Hat. There was a 5-1 vote in support of the show.

FAD: Health care specialists weigh in on 'yo-yo' diets and pills

FAD, from front of certain foods may cure disease, convey special health benefits or offer quick weight loss.

That sounds about right.

A study reported in the *Nutrition Journal* in 2005 found that 83 percent of college women diet no matter how much they weigh.

Kelly Thompson, freshman psychology major, confessed to having tried many of these fad diets. Being a slim girl, she decided to diet to keep her mom company while she fights hyperthyroidism.

"I like trying new diets; it is fun to see what works," Thompson said. She and her mother lasted close to eight months on the South Beach Diet this past year. They began the diet by giving up carbohydrates for two weeks. This was hard, considering that bread is Thompson's favorite food. "I felt successful not cheating, though," Thompson said. "After a month I felt good, because I lost three pounds." That number crept up to 20 pounds after eight months. After weeks of eating five small meals a day consisting of grilled chicken, fish, green beans, shaved almonds, hard-boiled eggs, yogurt, sliced turkey and lots of apples, Thompson grew tired of the diet.

With basketball, volleyball, five A.P. courses and work, Thompson was too stressed to stay on a strict diet regimen. By mid-summer after her senior year of high school, she was sick of saying "no" to foods she was craving.

She lost 20 pounds and her mother had lost 30 pounds. They were proud of their achievement, so they went off the diet. In a few months, they gained back the weight they had lost.

"All it took was that roll with dinner or sandwich at lunch for me to gain weight," Thompson said.

Michele Cavoto, the nutritionist in the Office of Health Promotion at JMU, is concerned about students trying fad diets. "It's all or nothing," Cavoto said. It is destructive for the natural metabolic rate, when constantly going on and off diets. She refers to this lifestyle as, "yo-yo dieting." They are called fad diets for a reason. They are short term.

Fad diets have been around since 1820, when the Vinegar-and-Water Diet came out. In 1934 there was the Banana-and-Skim Milk Diet, and who could forget the Cabbage Soup Diet that originated in 1950. Since then, there have been High-Protein, Raw Food, and even a Maple Syrup Diet created in 2006. Nowadays, there are thousands of commercialized diets, pills and drinks.

"Most people don't know what a sensible diet is and spend money on this

stuff," Bailey said.

Popular fad diets such as the South Beach and Atkins diets that have an induction phase that cuts out all carbohydrates for two weeks are harmful according to Bailey. Carbohydrates are needed in order to burn calories. "People should be consuming 12-15 grams of carbs a day," Bailey said. She believes the maintenance aspect is good, though, for those who diet healthfully. The 13 students surveyed who have tried a fad diet, aren't on one anymore, yet they said they would try to diet again.

When it comes to fad diets, maintenance is easier said than done. Along with handfuls of reasons why fad diet plans aren't effective, this is the key one. Cavoto recommends that students exercise and eat healthy proportions of food instead. Despite her healthy lifestyle, Thompson admits to being willing to try another fad diet in the future.

"Students get upset if they don't lose weight, but there's nothing wrong with maintaining the same healthy weight," Cavoto said.

Students want more.

When Winter Break is over, thoughts of Spring Break creep into the minds of students who gained a few pounds from too much home-made pie. With terrifying visions of squeezing into a tiny bikini or swim trunks, students search for the quick fix. Elizabeth Anderson, a sophomore history major, said she "pretty much cut calories in half." According to Cavoto, cutting calories so dramatically is one of the worst things to do.

"Your body just adjusts to that lower calorie intake and it gets harder for your body to lose weight," Cavoto said. It's not surprising that Anderson is willing to try another diet, because the calorie cutting stopped working. Cavoto emphasized that once you start eating more calories again, your body gains weight quickly. After being deprived of calories, your body will store anything it can get.

Next!

How about weight loss pills? Pop a few pills a day and lose some weight. That has to sound enticing to eager students who want fast results. Hydroxycut Hardcore is the No. 1-selling product at the local Harrisonburg GNC (General Nutrition Center). Roughly five bottles, holding 120 capsules each, are sold in a week for \$59.99 a bottle. Since it is the holiday season, it was put on sale for \$41.99.

When Brandon Berry, a salesman at GNC, was asked why this product is so popular, he said, "It is highly advertised and has spread through word of mouth." If people take diet pills, they are urged to

eat right and exercise on a daily basis.

"If people are beginning to eat healthy and exercise along with taking a diet pill, is it working?" Bailey said. "Or is it just the diet and exercise?" Bailey is wary of diet pills, because very few have had long-term studies done to determine if they are harmful.

Berry said that diet pill customers "complain about having an increased heart rate" and the jitters. As for the FDA-approved Alli, Berry said, "It has the most adverse side effects and is the strictest with what you can eat." Uncontrollable bowel movement was one of the most common side effects. One anonymous student confessed to trying Alli for a week-and-a-half, but having to stop it due to indigestion problems. When asked if he uses any of the diet pills, Berry said, "Nope."

Next!

Little hope is left for girls trying to lose those pounds fast. So, what about those guys who are trying to gain them? The High-Protein Diet is a favorite. Guys are consuming heavy amounts of protein through foods, pills and drinks. If healthy amounts of protein are consumed and a student is weight training and exercising daily, it can be beneficial. Only a certain amount of protein can be stored in the body and used for energy, though. Matthew Harrison, a junior health studies major, was on a High-Protein diet that he heard about from his sports coach. He said it successfully "helped muscle growth." He would gladly do it again in order to accomplish athletic goals.

Students who aren't so active and take supplements while eating enormous steaks and mile-high loaded burgers, need to be careful. Cavoto claims that, "too much protein turns to waste and can hurt your liver and kidneys." She recommends that users only take as much as their body needs. Cavoto also is concerned about the mental aspect linked to protein supplements.

"They can be very addictive psychologically," Cavoto said. When students use these supplements and see results, they think that they can't get those results without it. When it comes to protein shakes and drinks, Bailey said, "Eat your food, don't drink it." She adds that people with existing kidney disease are at an even greater risk for problems.

Along with exercising on a regular basis, "you just need to learn how to be a person who can make good choices," said Bailey. Moderation is the key. "You can eat cake, you can eat pizza, just balance it by eating healthier the rest of the day." It comes down to watching television or going to the gym. It comes down to having late night beer and

pizza or a late night bowl of Special K.

The majority of students have some sort of meal plan. So they make their eating choices at one of the many dining facilities on campus. The question is, are these dining facilities diet-friendly? According to the survey, 14 students said yes. "They can be," Katie Dahlgren, a freshman nursing major, noted on her survey. "It all depends on what students choose to eat."

The other nine students disagreed.

"Healthy options could be more available or even advertised," noted Beth Strickler, a junior psychology major. Other students complained about the abundance of fatty foods, vegetables being doused with butter and the lack of variety of diet-friendly foods.

When Sherry Cox, a Dining Services representative, was asked about foods chosen for dining facilities, she responded through e-mail.

"Our offerings may or may not include 'fad diet' food, depending on how those foods contribute to a well-balanced menu and the appropriateness for our student community," said Cox. She noted that vegetarian dishes, soy milk and well-stocked salad bars with fat-free dressings are offered.

"We stay on top of eating trends in order to provide delicious, healthy food options that will be popular with our students," noted Cox. JMU benefits from research and testing done by ARAMARK, a dining services corporation. Dining facilities also conduct student surveys each semester and are open to suggestions regarding foods that are popular in students' hometowns.

"We also meet regularly with the SGA Food Committee to ensure that we hear the 'students' voice,'" stated Cox. If students are still wary of getting proper nutrition at dining halls, they are encouraged to check out the kiosk at Festival. The kiosk has all of the nutrition facts for every item of food offered at all of the dining facilities. The dining halls offer burgers, pizza, french fries and several desserts with high-calories. It isn't easy to resist those juicy meat patties, glorified golden sticks of goodness and moist triple-layered cakes coated in sweet creamy frosting.

With fad diets being a short-term fix, though, students are advised to learn to live a healthy life day to day. "It is important to eat about every three or four hours to keep your metabolism at its peak," Cavoto said. If students can eat in moderation and exercise on a regular basis they can get results.

Just not fast.

"Moderation is a one-page story," Bailey said. "It just wouldn't sell a lot of copies."

FOR MORE HEALTH TIPS:

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Breeze Perspectives | JACKIE QUATTROCCHI, contributing writer

'She who waits, also serves' a rewarding saying

For most women, the sight of a man in a military uniform can turn heads and catapult our minds into a whirlwind of daydreams ranging from romantic days on the beach to steamy nights spent at home—not to mention a feeling of security, because, after all, he did go through basic training. However, as a Navy girlfriend, I can assure you there's more to dating a sailor or a soldier than just a sexy uniform.

Although there are some perks to dating a military man, such as opportunities to travel, the ability to mess with government property and the muscular arms he can wrap you in, girlfriends of soldiers should be prepared to spend about 350 days of the year solo.

In the words of Jack Johnson, you spend your days "sitting, waiting, wishing" for the moment your phone rings and your caller I.D. displays "unknown number." Your walls are plastered with photos displaying the two of you with smiles wider than an ocean, and the post office knows you by first name. Your iPod is filled with songs like Aerosmith's "I Don't Wanna Miss a Thing," "All My Loving" by the Beatles and the classic 1962 "Soldier Boy" by The Shirelles—you even sing each and every word with the feeling as if the song was written for you.

Music, classes, your job, scrapbooking, friends. They all keep you busy and help the days until his homecoming pass a little faster. However, there are still those few days a year when no matter how many people you're surrounded by you can't shake that lonely feeling deep inside, especially on New Year's, Valentine's Day, his birthday,

your birthday, Independence Day, Thanksgiving, Christmas and the hardest holiday of all if you're apart: your anniversary. But you get through it. Not because you have to, but because you want to. He's worth it and somewhere deep inside you just know it.

Military girlfriends can especially have it rough. We aren't formally recognized by the military so the additional perks a wife would get: cheaper airfare to go see him, access to more information, an in-

“...there's more to dating a sailor or a soldier than just a sexy uniform.”

creased paycheck for him. Girlfriends are denied those perks. Often, we know very little about where our men are, where they are going and when they are coming home, until just before it happens. Unless we're born into a military family ourselves, we do not have access to military bases, where apparel and other goodies displaying your military pride can be purchased.

We sit, we wait, we wonder and we cry, and so many people won-

der what for. They ask why we would wait and be alone when there are an abundance of men available who could take us out, wine us and dine us, and show us just as good a time. Perhaps most importantly, why spend nine months waiting on someone who we aren't even married to, whose ring we don't even wear?

While there is no quick answer, many military girlfriends can narrow it down to two things: love and pride. You wait for your man because he loves you unconditionally. You wait for him because there is no pride greater than loving and supporting a man who serves your country. There's something special about the way you fight back tears as you hear "The Star Spangled Banner" blast from the loudspeakers during football games. You wait because you know he's coming home, and when he does, you know he's coming home to you.

It's tough enough being in a long-distance relationship, and "dating the military" definitely complicates it, but every kiss is like your first, and you learn the value of a phone call and just hearing the words "I love you"—things so many people take for granted. We wait because we know he's waiting for you, and because his homecoming is always another day closer. We wait because there's no stronger love than that found in military relationship. Unless you're among the "silent ranks," you'll never know a greater feeling of happiness than meeting him at the airport after 350 long days, running into his arms and hearing him say "Baby, I'm home!"

Jackie Quattrocchi is a sophomore SMAD major.

Breeze Perspectives | RACHEL CHEMERYNSKI, contributing writer

Face-to-face or screen-to-screen?

As technology progresses, our interpersonal skills and communication styles spiral into regression



Take a minute to imagine a world where we couldn't communicate through technology, a world without the use of cell phones, pagers or instant messaging. The only means of communicating with someone would be in person. This type of world would most likely frighten many of us, for we depend on technology.

However, when our parents were our age, personal contact was customary and necessary to get by. After-school hangouts at the local diners were an everyday event and people enjoyed being in the company of others. If a boy was interested in a girl, he would walk right up to her and ask her out, without thinking twice about it. Life was simple.

I fear the society we live in today is losing touch of this face-to-face communication, which was once commonplace. Text messaging, instant messaging and Facebook are now the general means of communication among college students.

People pass through the university hallways texting on their cell phones, barely making time to look up once and while to smile. Chat rooms and lengthy AOL Instant Messenger sessions are replacing afternoon lunch dates with friends and Facebook walls are becoming flirting vehicles of the 21st century.

Is it really worth it? Can too much technology be bad for us? Don't get me wrong: the conveniences of technology are endless. However, I feel certain technology is damaging our relationships with others and taking away from more personal interactions our society once had.

Last year, I received a phone call from my sister telling me her boyfriend broke up with her by leaving a message on her Instant Messenger. After five minutes convincing me that she wasn't joking, I was completely bewildered. Not only did this boy lack the courage to tell her in person, but she wasn't even home when he sent the message.

While this may be an extreme case, many others (including myself) are guilty of having important conversations on the Internet or cell phone, which probably should have been reserved to talk

about in person.

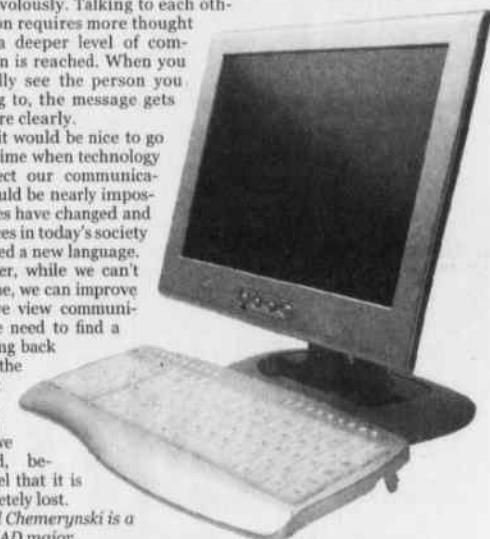
We are resorting to technology to build our relationships with others, which many times is extremely ineffective. I can't even count the number of times when talking to someone through texting or the computer led to miscommunication on both ends. People begin asking "what did he (or she) mean by this?" or misread the entire conversation altogether.

Relationships are a significant part of our lives and should not be treated frivolously. Talking to each other in person requires more thought to reach a deeper level of communication is reached. When you can actually see the person you are talking to, the message gets across more clearly.

While it would be nice to go back to a time when technology didn't affect our communication, it would be nearly impossible. Times have changed and the advances in today's society have created a new language.

However, while we can't change time, we can improve the way we view communication. We need to find a way to bring back a part of the past, that connection with people we once had, because I feel that it is not completely lost.

Rachel Chemerynski is a junior SMAD major.



Submit Darts & Pats online at thebreeze.org.

Darts & Pats are submitted anonymously and are printed on a space-available basis. Submissions are based upon one person's opinion of a given situation, person or event, and do not necessarily reflect the truth.

Darts & Pats

An "it's-worth-waking-up-for" pat to the Student Ambassadors who woke my roommate up at 3 a.m. to congratulate her on her acceptance into the program.

From your freshman roommate who is very proud of you.

A "Mrs.-Butterworth-wouldn't approve" dart to the guy who was tossing waffles at the cars by ISAT while wearing only his underwear.

From two junior girls who want you to know we prefer pancakes.

A "your-snow-plow-spared-me" pat to the man who saved my fort from destruction by navigating around it while plowing the walkway.

From a sophomore who can play in his fort until the snow melts, thanks to you.

A "why-don't-you-ride-a-bike?" dart to the student complaining about the "hour-long" commute to campus.

From a regular pedestrian who is apathetic to your complaints about apartments and traffic.

A "you-made-my-snow-day" pat to the four guys leaving D-Hall who enthusiastically joined our intense snowball fight.

From five sophomores who hope to have a re-match the next time it snows.

An "I-wish-I-had-that-much-skill" pat to the people who built one of the biggest snowmen and the best fort I've ever seen.

From a fellow resident at the Mill who hopes to be as great a builder as you are.

A "free-of-charge, full-of-kindness" pat to the two men who towed my broken down car into an empty parking spot near my apartment for free.

From a broke sophomore, who after her brief freak-out session, couldn't thank you enough for helping her.

BATTLE OF THE SEXES

Are men hesitant to take women's studies classes?

SEAN YOUNGBERG, staff writer

The question being proposed is a little one-sided. If I say "no," then it seems I'm trying to be macho. If I say "yes," then I could be called a sexist. Either way I answer, I lose. That being said, here I go.

Are we guys afraid of taking a class dedicated to studying women? Probably not; if anything we're more afraid of women in general than we are of a class dedicated to studying them.

Does that make me a sexist? Am I closed-minded because I don't want to take a class dedicated to studying women? No it doesn't. In fact some of my favorite people are females: my mom, Mary Poppins, Tina Fey and the Queen of England.

I am no expert on women, and I don't claim to be. Sure, it would be nice to know more, but I don't have a real interest in taking a class that is dedicated to studying women.

If I had time for the class, I might look into it. If people knew more about the class then maybe more guys would take the class.

Women have never been considered equal with men. Throughout Western history that's the way things have gone. It's wrong and I don't agree with it, but that's how it's happened.

In our male-dominated society, there are hundreds of thousands of women who have made their impact in politics, sports, business and entertainment.

According to JMU's women's studies Web site, "the idea of the interdisciplinary field of women's studies emerged in the late 1960s as students and faculty recognized that research and teaching often ignored or devalued the contributions and experiences of women."

Whether their achievements have been recognized or not doesn't take away from their impact. I encourage everyone out there to take some time out of your day and research famous women. Find out what made Marie Curie, Elizabeth Blackwell and Sojourner Truth remarkable individuals.

Take some time out of your day to learn more about the accomplishments of women, they do deserve the recognition. Odds are I'm not going to take a women's studies class, and if you're a guy at JMU the odds are in favor you probably won't take one either. In short, we're not afraid to take classes dedicated to women, we just don't want to.

Sean Youngberg is a sophomore SMAD major.

SARAH DELIA, senior writer

If you've ever taken a women's studies or women's fiction class at JMU or any other college, you would note that there are often as many males in the classroom as there are in the ladies bathroom—there's either none or one who stumbles in by accident not fully understanding where he is until it's too late.

Perhaps it's the title or course description of these classes which includes the words "female" and "women" that scares off men. Maybe some men conclude (based on pure assumption) that since their gender is not included in the name they are unwelcome or simply uninterested.

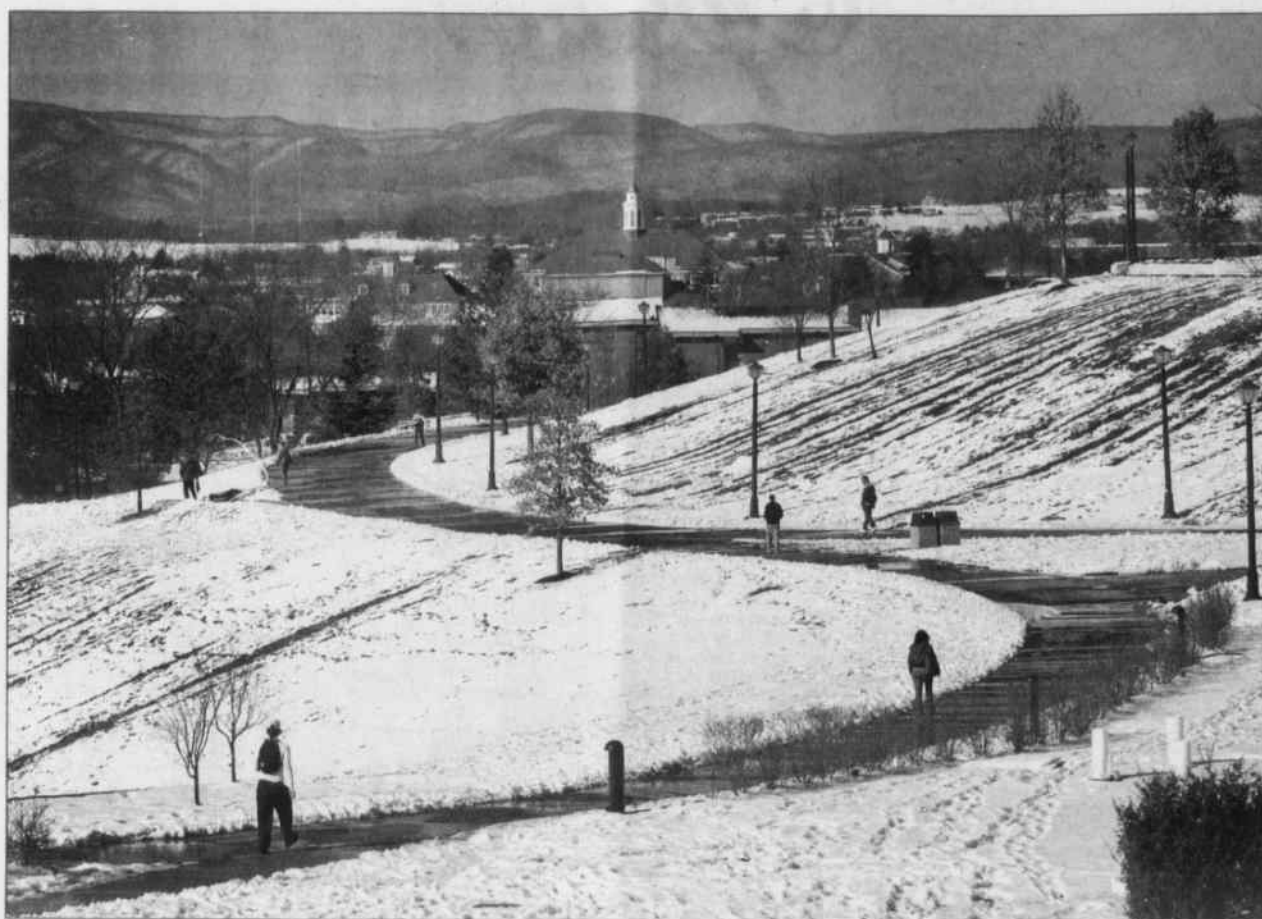
However, if you've ever taken a "great works" class at JMU or any other university you may note one thing—most of the literature you read is by male authors. The Bronte sisters are thrown in most times for good measure, and if a professor is really daring he or she may even use Sylvia Plath's *The Bell Jar*. Despite the fact that more than 90 percent of the reading in the class is produced by males, we call this class "great works" when a more appropriate title would be: Great Works by Men and a Couple Thrown in by Women.

The pieces of literature we read by female authors are in no way unimportant. However, the fact that their female equivalents often go unread is not only a waste of good literature but utterly frustrating to female writers. A *Handmaid's Tale* by Margaret Atwood is known as the female counterpart to George Orwell's *1984*, in which all women lose their freedoms under a male-dominated government regime. Joyce Johnson's *Minor Characters* recalls her time during the beat generation and her off-beat relationship with Jack Kerouac—and her novel is just as thrill-seeking and adventurous as Kerouac's famous *On the Road*. Even still Zelda Fitzgerald, married to *Great Gatsby* writer F. Scott Fitzgerald, had great potential as a writer seen in her letters to her husband in *Dear Scott*, *Dearest Zelda* and her published autobiographical novel *Save Me the Waltz*.

Perhaps women's fiction classes will always be too taboo for males no matter how excellent a writer the female is, whether it be Jane Austen or Anne Sexton. But just think guys, if nothing else thrills you about taking a women's fiction or studies class other than the fact that it fulfills a requirement, you will always be in the company of smart, intelligent women—and that is never a bad thing.

Sarah Delia is a junior English and art history major.

❄️ SNOWY MADISON MOMENTS



LEFT: Crews operating plows Friday work to clear the Field Hockey, Lacrosse and Track Complex of snow.

RIGHT: A snowman towering nearly ten feet into the air, complete with a top hat, stands guard outside Chesapeake Hall Friday afternoon.



ABOVE: Students wind their way down paths surrounding the ISAT-CS Building Friday as snow from Thursday begins to recede after a morning of sledding and increasing afternoon temperatures. The eastside of campus near the ISAT-CS Building is known collectively as the Skyline Area.

photos by EVAN DYSON/
senior photographer

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I became part of an American Tradition

I discovered I was a Leader

I joined a Fraternity.

www.jmu.edu/sos

'Cloverfield' new perspective on the monster flicks

Action-packed film proves a creative idea, but does it work?

BY JUSTIN THURMOND
staff writer

If you're looking for a classic monster movie, look no further than "Cloverfield." It follows in the footsteps of all the classics with a unique style.

It begins with a group of young adults throwing a going away party for their friend Rob, (played by Michael Stahl-David) who is moving to Japan because of his job. Then something terrible happens and New York City is suddenly under attack. A monster-like creature (and no, it isn't Godzilla) runs rampant through the city's streets. Rob, with his brother Jason (played by Mike Vogel, "The Texas Chainsaw Massacre"), Jason's girlfriend Lily (played by Jessica Lucas, "She's the Man"), and their friends Hud (played by T.J. Miller) and Marlena (played by Lizzy Caplan, "Mean Girls") attempt a desperate escape from the chaotic city.

'Cloverfield'
★★★
Monster invades NYC causing death, destruction

From the mind of producer J.J. Abrams ("M:I 3," "Lost" and "Alias") comes the newest addition to the monster genre. What makes this one so unique and creative is the way it's shot. The whole movie is filmed in a home-video style and the effect intensifies the realism factor. You see everything from the characters' perspective. You become part of the group. When something bad happens to them, it feels like it's happening to you as well.

Now if you want a real explanation of what or where this creature comes from, you aren't going to get it. It's very apparent half-way through the film that the film makers didn't want to tell the audience the origin of this beast. It shows up out of nowhere and starts to demolish the city. Think of it like the old Nintendo game "Rampage." It's simply a creature tearing up buildings while an army tries to take it down. This time though, the creature can spit out or throw tiny versions of itself at people on the street.

Although the camera style gives it a unique vision, it doesn't make any sense. The group runs around the city fighting off hellish creatures and dodging falling debris, like the head of the Statue of Liberty, while filming. No one in their right mind would take the time to record the whole thing; they would most likely want to have both hands free to defend themselves. The movie's run time is just short of an hour and a half, there is only so much of a shaky camera one person can take.

It does, however, live up to the hype. It's your typical late-night monster flick with a few creative twists and a new-age shooting style.

Find out how talented JMU is on Wed. night

BY JOHN-MICHAEL TRIANA
contributing writer

For seniors, tomorrow marks 100 days until graduation. To celebrate in style, students will walk, dance or sing their way onto the Wilson Hall Auditorium stage for "JMU's Got Talent."

Think "American Idol" — minus Ryan Seacrest and triple the talent — as Madison turns ordinary students into stars.

JMU's Got Talent
Wednesday

Check out thebreeze.org on Thursday for a review!

Over 100 student singers, dancers and comedians came out Jan. 9-10 to audition for a spot in the show. Only 25 were chosen to perform on the Wilson Hall stage. Those who place first, second and third in the show will receive prizes.

"JMU's Got Talent" is Wednesday night from 7-10 p.m. in the Wilson Hall Auditorium. Admission is free, but donations to the Madison Student Giving Campaign will be accepted.

UPB and the Madison Student Giving Campaign will host "JMU's Got Talent," and was coordinated by senior Maria Powell, who is in charge of the campaign's events.

Over 100 student singers, dancers and comedians came out Jan. 9-10 to audition for a spot in the show.



CAROLINE DAVIS/staff photographer

The six women of "Sweet Honey in the Rock" convey their message through song, percussion and dance and call on the audience to be more than passive listeners.



Female a cappella group shares insight on issues such as peace, race, activism through their powerful song and dance

BY ERIN FEARING
contributing writer

The seats in Wilson Hall filled quickly Friday night as friends, neighbors, students and professors came together to experience the internationally renowned sound of "Sweet Honey in the Rock." It became clear, however, as the lights dimmed and the six black women took to the stage that the audience would experience much more than sound. Even the children sat enthralled as the sextet sang their first: "Hush, hush, somebody's calling my name."

"Sweet Honey in the Rock" is composed of Ysaye M. Barnwell, Nitanju Bolade Casel, Aisha Kahlil, Carol Maillard, Louise Robinson and Shirley Childress Saxton. These women are more than accomplished vocalists; they challenged the audience with their poetry, spirit and intensity. Saxton accompanied each song with sign language that was music in itself. The women combined their dance and percussion talents to express their ideas of kindness, community, racism, death, peace and political activism.

The sextet paused after the second song to introduce their most recent and Grammy-nominated CD, *Experience 101*. The album was created in hopes of teaching youth as they grow up. The first

song they sang from this CD instructs youth to "sing, stand, march, do, write, read, learn, teach, preach and dance." Their repeated call to "vote, do you hear me, vote" brought forth a loud cheer from the audience proving that although the album is aimed at children, it reminds adults of what is important.

The group sang about many diverse issues, which audience members could relate to. Sophomore Aisha Alami was touched by the group's words.

"I know I'm young, but I have responsibilities," she said. "Those lyrics really spoke to me because they made me think of my responsibilities to my boyfriend and my family."

While the members of "Sweet Honey in the Rock" write the majority of their music, they also honor past artists. They created a powerful song by putting the words of the Langston Hughes poem "Freedom Never Dies" to music, letting the audience know how important it is to remember the songs of the past. You could almost hear Bob Marley singing along as the crowd joined voices with "Sweet Honey in the Rock" in "Redemption Song."

At the end of the evening the group sang a song written by their founder, Bernice Johnson Reagon. The lyrics say, "We who believe in freedom cannot rest until it comes." The audience sang this line emphasizing not to forget that "somebody's hungry, somebody's homeless, and somebody needs a hand." Through their soulful harmonies "Sweet Honey in the Rock" inspired the audience with their sound and message.

For more information go to sweethoney.com.

CHECK IT OUT: artWorks Gallery Opening



New exhibit includes art by students Dan Alvardao, Jenny Baker, Nancy Daly and Denise Kanter. The opening reception is Tuesday from 5-7 p.m. The exhibit will run throughout Feb. 9. The Gallery is located at 131 Grace St. Hours are 12-4 p.m. Mon.-Thurs. and 12-5 p.m. Fri. and Sat.

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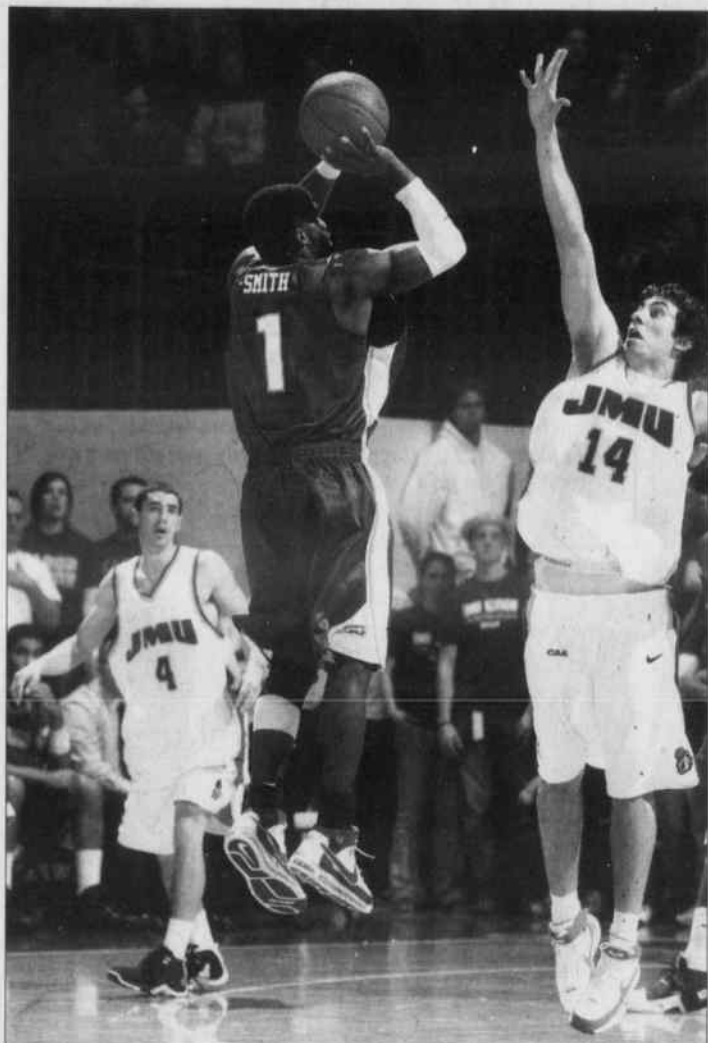


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Dre's 10 treys dominate Dukes



George Mason senior Dre Smith elevates over JMU freshman guard Ben Louis for his tenth 3-pointer in GMU's 96-75 win.

JMU enters NCAA record book on wrong end as George Mason guard hits all ten of his threes

BY TIM CHAPMAN
sports editor

One after another, after another, after another. JMU could do little but watch at times Saturday, as George Mason senior guard Dre Smith connected on all 10 of his long-range attempts to set the new NCAA record for most three-point field goals without a miss.

Smith hit eight of those in the second half as Mason ran away with a 96-75 win over the Dukes behind the 6-foot guard's career-high 34 points. He finished 11-of-12 from the field, with his only miss coming on an off-balance floater.

"I feed off my teammates," Smith said attempting to deflect the attention. "We were all playing hard, the way we played defense tonight was good. That's the way we play. You play good defense like that, you score points."

With the hot start Mason got off to, it really didn't need to rely much on its defense.

A mere two minutes and five seconds into the game the Patriots (13-5 overall, 5-2 in the Colonial Athletic Association) found themselves ahead 11-0 — as part of a 16-2 opening run — forcing JMU coach Dean Keener to call a timeout.

"We called a trapping zone-defense the first play of the game and we weren't able to get to it," Keener said. "By the time they made that second wing-pass it went to Smith, and he was shooting it in front of our bench from I don't know, 21 to 22 feet... That obviously got him going."

Smith may have still been "going" from the last matchup with the Dukes, when JMU lost 73-62 last March in the first round of the CAA tournament.

The Houston native hit 7-of-8 from beyond-the-arc in that game, setting his previous career high of 26.

"Hopefully he'll miss one; that's what I was thinkin'," said JMU junior forward Juwann James. "You gotta miss one. In the first half I told the team a guy can't come out and keep shootin' like that. He can't. Obviously he did."

After Smith's opening triple, GMU senior Folarin Campbell hit another three-pointer and junior John Vaughn quickly joined in the party, hitting his first deep attempt as well.

Mason senior forward Will Thomas, a preseason first-team All-CAA pick, assisted on the second and third shots and then capped the run with a

lay-up in the post.

"Well, with Mason, you're kind of trying to pick your poison a little bit," Keener said. "Thomas is a focal point of the scouting report going in, but you also know that there are others, and Smith was one that we knew based on last year's tournament game."

Despite the early offensive explosion that put Thomas, Vaughn and Campbell in double-figures in the first half, JMU (10-7, 3-4) remained within striking distance, down 48-34 at the half.

JMU senior forward Terrence Carter had 10 points in the first 20 minutes with eight coming at the free-throw line. Carter finished the game with a team-high 23 points and seven rebounds and was pivotal in JMU's mini-comeback attempt that got the Dukes within seven points with 6:35.

"We never hung our heads," Carter said. "Even in the beginning, we never hung our heads like 'oh, here we go, you know Mason's on.' [We] Never hung our heads, [we] just kept playing."

In the end, the Dukes did all that they could on a night when Mason shot 65 percent, including 14 of 23 from long-range. JMU was out-rebounded 35-20 but lacked many opportunities on the defensive end as every Mason shot seemed to go down.

Vaughn finished with 20 points and Campbell with 16, following Smith, to keep the Dukes well out of reach down the stretch.

James finished with 16 to compliment Carter, even though he was a game-time decision because of a sprained knee. The team's leading scorer going into the game, junior guard Abdulai Jalloh, continued to struggle following a 7-point performance against Old Dominion on Wednesday, finishing with just five points in a foul-plagued 23 minutes.

"Jalloh in and out of foul trouble really hurt us," Keener said. "...We need more minutes out of him and more productive minutes and we're not gettin' those right now. He knows it and we'll get those straightened around."

The attendance was the highest in a decade at the Convocation Center. A crowd of 6,659 watched as the Dukes drop their first home game of the year.

"That's a veteran group," Keener said alluding to Mason's remaining players from the 2006 Final Four. "You talk about a great crowd here, but... that's three or four guys who have played on the biggest stage of all, and that the Final Four. I'm not sure 6,600 in the Convo is gonna rattle Campbell or Thomas or [Jordan] Carter and even Vaughn."



Carter

JMU women's swim team cruises to fourth straight win

The James Madison swim and dive team notched a pair of wins in a dual meet Friday at American University, defeating the Eagles 169.5-117.5 and beating Georgetown University 194-103. The Dukes improved to 7-4 this season and won their fourth meet in a row.

Freshman Emily Konieczny finished the 1000-yard freestyle in 10 minutes, 25.96 seconds, as she improved her time for the third consecutive meet. She finished second to American swimmer Meghan Thiel, and Konieczny's time of 5:05.91 in the 500-yard freestyle was also second to Thiel.

Sophomore P.J. Naber won the 100-yard freestyle with a time of 53.53 seconds and finished third in the 200-yard freestyle in 1:55.95. She swam the third leg of the 200-yard freestyle relay that JMU won in 1:39.63.

The top three finishers in the 200-yard backstroke were all JMU swimmers, with freshman Morgan McCarthy leading the way with a time of 2:09.80. Senior Gailey Walters finished in second place in 2:12.30 and sophomore Allison Gould took third in 2:15.14. Senior Jamie Coyle won the three-meter diving event with a score of 225.90.

Going into the weekend, JMU freshman Lisa Colapietro had the Dukes' best time in the Colonial Athletic Association in her respective event. Colapietro is third in the CAA this year in the 200-yard Breaststroke with a time of 2:23.80.

JMU has one meet left, Feb. 2 at home against Richmond, when the Dukes will look to even their 2-3 CAA record.

— from staff reports

This Week In JMU Sports

Wednesday, Jan. 23

— Men's basketball vs. Delaware, 7 p.m.

Thursday, Jan. 24

— Women's basketball vs. Hofstra, 7 p.m.

Friday, Jan. 25

— Women's track @ Penn State, All day
— Women's track @ Liberty, All day
— Men's tennis @ George Washington, 1 p.m.

Saturday, Jan. 26

— Women's track @ Penn State, All day
— Women's track @ Liberty, All day
— Women's track @ Patriot Games, All day
— Women's tennis @ Campbell, 2 p.m.
— Women's tennis @ VCU, 6 p.m.
— Men's basketball @ Towson, 7 p.m.

Sunday, Jan. 27

— Women's basketball @ Towson, 2 p.m.
— Women's tennis @ Hampton, 1 p.m.

Without Dawn, difference is night and day

Starting point guard sits out her second straight game, Madison loses in overtime

BY MATTHEW MCGOVERN
assistant sports editor

James Madison women's basketball coach Kenny Brooks wouldn't chalk up a 61-60 overtime loss to the absence of freshman point guard Dawn Evans, who has a stress fracture in her left foot.

But he did say that figuring out combinations of players was a "struggle," and as a result Virginia Commonwealth broke JMU's streak of 20 consecutive home conference wins Sunday. Thanks to uncharacteristic mistakes made by Brooks' team, the Rams won on a free throw with 1.9 seconds left in overtime.

"We have to try to simplify the offense, [and] when you simplify the offense it's easier to key on Tamera who is the preseason CAA player of the year," Brooks explained at the post-game press conference.

JMU suffered as a result and fell to 10-6 overall, 3-2 in the Colonial Athletic Association. VCU (14-2, 4-1) is behind three CAA unbeaten in the conference standings: ODU, Towson, and Drexel. JMU now stands in fifth place in the CAA.

"When you make the mistakes that we made — some of them looked more glaring than others, because of the timing of 'em — but there were mistakes throughout the game that were uncharacteristic, and that you're not gonna win basketball games [with]," Brooks said.

JMU committed 19 turnovers as senior guard Jasmin Lawrence tried to settle into the point guard position. When Dawn Evans sat out Thursday's game at George Mason, JMU won 63-46 and Lawrence played 35 minutes at the point guard position without any turnovers. But she struggled against VCU's pressure and had seven turnovers, the most costly of which happened at the end of both regulation and overtime.

With the game tied at 55 and 19 seconds left in the second half, Lawrence lost the ball out of bounds near the JMU sideline and the Dukes lost a chance to win in regulation.

"I don't know what it was about today, I came into the game confident playing the position I was playing," Lawrence said. "It was one of those games."

While Young led JMU with 22 points and 12 rebounds, she made only eight of 23 field goal attempts. Young and Lawrence played all 40 minutes of regulation and the five minute overtime period with JMU short on ballhandlers.

"It was just one of those games we did not have a flow at all," Brooks said. "As much as we tried, there were several times we were trying to start the offense and we were starting it from 35 feet out, and everything gets stagnant and we get taken out of what we wanted to do."

But turnovers were not the only issue. Whether or not it was fatigue, Young missed the front end of three one-and-one free throw opportunities in the last 2:37 of the second half. She averages 61 percent on free throws this season.

"I thought the kids collectively did a great job on [Young], tried to make her take tough shots," VCU coach Beth Cunningham said. "A player like that, she's going to step up and hit some but I thought Kita [Waller] did a great job on her."

While VCU failed to score on its last attempt in regulation, Madison continued making careless mistakes in overtime. After rebounding a missed free throw with VCU up 58-57, JMU called a timeout to set up the offense. When they set up for the inbounds play, the Dukes failed to pass the ball in before five



AARON STEWART/photo editor

Senior forward Tamera Young led JMU with 22 points and 12 rebounds vs. VCU. seconds elapsed and turned the ball over, leading to two made free throws by VCU guard Kita Waller.

The mistakes continued to plague Madison into the game's final seconds. With the game tied at 60, Lawrence turned the ball over with seven seconds left in overtime. The Rams converted their opportunity the second time around, as Waller was sent to the free throw line after JMU junior forward Kisha Stokes was called for a foul with 1.9 seconds left. Waller missed the first free throw but hit the second, giving VCU the 61-60 advantage.

"The key to this game for us coming in after the loss to Old Dominion was playing pressure defense, pressure basketball," Cunningham said. "When you go on the road, if you can defend and rebound I think you can be successful."

Last Thursday, VCU forward Krystal Vaughn and center Quanitra Hollingsworth became the 15th and 16th players in VCU history to score 1,000 points in an 86-66 loss at Old Dominion. But JMU held VCU's top two scorers to a combined six points in the first half as JMU took a 25-22 lead into the locker room. Waller led the Rams with 20 points off the bench and Hollingsworth was second with 16.

"I thought we did a great job down the stretch just executing our offense, and kids stepped up [and] knocked shots down," Cunningham said.

Even more than the shots they hit, it was free throws that gave VCU an edge. The Rams made 19 of 27 free throws, while JMU made just six of 13.

"I felt like it was a rock 'em sock 'em type game where every possession just meant so much, and we got a little bit tense during certain times of the game and it showed," Brooks said.

Evans is supposed to be out four to six weeks with her stress fracture, but the injury will be reevaluated in two weeks. Madison's next game is against Hofstra (3-13, 1-3) at 7 p.m. in the Convocation Center.

SUITING UP FOR WINTER



EVAN DYSON/senior photographer

The statue of James Madison between Varner House and Logan Hall stood through the weekend clad in a suit of snow. The life-sized statue was commissioned by the Forbes family, crafted by sculptor Lee Leuning and dedicated on September 17, 2002.

Sudoku

	5			9			1	
		1				4		
3								9
	2			6			5	
5		8		7		6		3
			2		6			
	6			1			9	
4		3		5		8		6

Rules: Fill in the grid with the numbers 1, 2, 3, 4, 5, 6, 7, 8, and 9 so that in each row, each column, and each of the three-by-three squares, each number appears exactly once. There is only one correct way to fill in the grid.

Difficulty: ★ ★ ★ ★ ★

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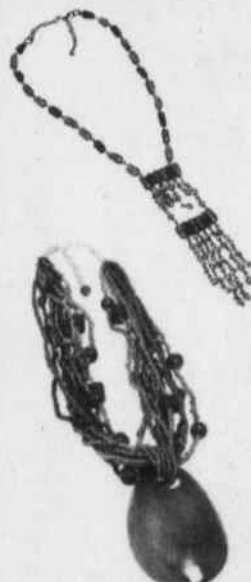
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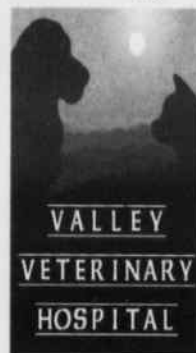
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